

Indigestion - Hypochlorhydria

Supplemental Support

This recommendation is not meant as a diagnosis or to replace the advice of your health care practitioner, rather it is supportive in helping you return to health and vitality.

Do not follow these instructions if you have an open stomach or esophageal ulcer. You may still need HCL but the ulcer must be addressed and returned to normal before the HCL can be used. If when starting the program you feel discomfort stop all supplements and inform your doctor as he will switch to the healing stomach program.

Hydro-Zyme™ 2 tablets during the middle of each meal.
(Mild HCL product) Increase as directed by your Physician.

ProMulti-Plus® 2 capsules with each meal
(Multiple Vitamin/Mineral as Foundation)

Hydro-Zyme Notes

Begin by taking 2 tablets in the middle of your meal for 3 days. After 3 days, add one tablet per meal for another 3 days. Add one tablet every 3 days until a slight warmth or minor irritation is felt in the stomach area. This is a sign that too much acid is being used. **On your next meal cut back one tablet, this is your optimal dose.** When the first bottle of Hydro-Zyme is finished, switch to Betaine Plus HP if 5 or more tablets are being used with each meal. It is more convenient and cost effective to use Betaine Plus HP capsules if using that many tablets of Hydro-Zyme. 1 capsule of Betaine HP Plus is equal to about 3 or 4 Hydro-Zyme tablets.

Hydro-Zyme™ each tablet contains:

Vitamin B 6 (as pyridoxine)	2 mg
Betaine HCL (digests animal protein)	150 mg
Glutamic Acid (digests seeds/nuts protein)	50 mg
Ammonium Chloride	35 mg
Pancreatin 4X (form porcine)	10 mg
Pepsin (1:10,000)	10 mg

Betaine Plus HP™ each capsule contains:

Betaine HCL	700 mg
Pepsin (1:10,000)	10 mg

ProMulti-Plus® Notes

Anyone who is taking HCL is probably deficient in many nutrients. ProMulti-Plus is a full spectrum vitamin mineral supplement that is highly absorbable and easily digestible. In particular B1 and Zinc are needed by the parietal cells to make HCL. Vitamin A, vitamin C, and zinc also help with healing. ProMulti-Plus will help replete the body with the necessary nutrients.

OR

Osteo-B II™ A quality multi-mineral formula with a host of trace minerals including silicon, no copper, utilizes phosphorylated forms of B vitamins, and supplies calcium and magnesium in a 1:1 ratio. 3 capsules 3 times per day.

The statements made herein have not been evaluated by the U.S. Food & Drug Administration.
Any products mentioned are not intended to diagnose, treat, cure, or prevent any disease.