

Phosphatidylcholine

Product # 1410

100 Softgel Capsules

Supplement Facts

Serving Size: 1 Softgel Capsule

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1.2 g	2%†
Saturated Fat	0.17 g	1%†
Polyunsaturated Fat	0.54 g	*
Monounsaturated Fat	0.11 g	*
Cholesterol	0 mg	0%
Sodium	0 g	0%
Protein	0 g	0%†
Phosphatidylcholine (from soy lecithin)	420 mg	*

† Percent Daily Values based on a 2,000 calorie diet
* Daily Value not established

Other Ingredients: Softgel capsule shell (gelatin, water, glycerin and ethanol).

Each softgel capsule contains 1,200 mg of lecithin providing 420 mg of phosphatidylcholine.

Other phospholipids: Phosphatidylserine, phosphatidylethanolamine and phosphatidylinositol.

This product is gluten and dairy free.

RECOMMENDATION: One (1) softgel capsule one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.