Equi-Fem[™] Product # 5305 & 5306 126 & 252 Tablets

	Amount Per	%Dally	-1 - 2 - 2	Amount Per	%Daily
	Serving	Value		Serving	Value
Vitamin A (as natural mixed carotenoids and palmitate) (1:1)	10,000 IU	200%	Potassium (as potassium chloride)	99 mg	3%
Vitamin C (as magnesium ascorbate)	1,500 mg	2500%	Choline (as choline bitartrate)	150 mg	•
Vitamin D (as cholecalciferol)	400 IU		Inositol (from rice)	25 mg	
Vitrain E (as d-alpha tocopheryl acetate)	100 IU	100%	PABA (para-aminobenzoic acid)	25 mg	•
Vitamin K (as phytonadione)	35 mca	333%	Coenzyme Q10	1 mg	
Thiamin (B1)(as thiamin mononitrate)		-	Citrus bioflavonoids	250 mg	
Riboflavin (B2)	25 mg 25 mg	1667%	FRAC® (from rice)	15 mg	
Niacin (as niacinamide)	25 mg	1470%	L-Tyrosine	50 mg	•
	-	125%	Betaine hydrochloride	100 mg	
Vitamin B6 (as pyridoxine hydrochloride) Folic Acid	400 mg	15,000%	Amylase (porcine)	20,000 NF Units	
Vitamin B12 (as resin bound cobalamin)	65 mcg	100%	Protease (porcine)	20,000 NF Units	
Biotin	300 mog	1,083%	Lipase (porcine)	1,600 NF Units	
		-	Neonatal Adrenal Complex		
Pantothenic Acid (as calcium pantothenate)	50 mg	500%	(bovine)	10 mg	7.0
Calcium (as calcium citrate)	125 mg	13%	Lamb Pituitary/Hypothalamus		
Iron (as ferrous gluconate)	18 mg	100%	Complex (ovine)	10 mg	
lodine (from kelp)	75 mog	50%	Ovarian tissue (bovine)	50 mg	
Magnesium (as magnesium ascorbate and oxide)	250 mg	63%	Uterine tissue (bovine)	50 mg	
Zinc (as zinc gluconate)	25 mg	167%	Superoxide Dismutase	150 mog	
Selenium (from vegetable culture †)	50 mog	71%	(from vegetable culture †)	150	
Copper (as copper gluconate)	2 mg	100%	Catalase (from vegetable culture †		
Manganese (as manganese gluconate)	10 mg	500%	Black Cohosh (root)	120 mg	
Chromium (from vegetable culture †)	100 mca		Dong Quai (root)	60 mg	
Molybdenum (from vegetable culture †)	10 mog	13%	*Daily Value not established		

Other ingredients: Stearic acid (vegetable source), modified cellulose gum, food glaze and magnesium stearate (vegetable source).

FRAC® is a registered trademark of Biotics Research Corporation.

RECOMMENDATION: Two (2) to six (6) tablets each day as a dietary supplement or as otherwise recommended by a healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Not recommended for pregnant women.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

NDC #55146-05306 Rev. 6/09

[†] Specially grown, biologically active vegetable culture containing Phytochemically Bound Trace Elements™ and naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.